



Heart & Sole

FITNESS FESTIVAL

MEN AND WOMEN CELEBRATING
NAMPA'S HEALTHY HEART DAY!

February 14th, 2008
Nampa Recreation Center

10:30am - 11:00am Registration
11:00am - 11:30am Fitness Walk Begins
11:30am - 12:00pm Fitness Fair Begins
12:00pm - 1:00pm Heart Festival Luncheon
with motivational speaker Donna Hartley

Tickets \$25

For tickets or sponsorship
information, call 463-5870

PROCEEDS BENEFIT MERCY'S CARDIOLOGY PROGRAM.

Keynote Speaker



Donna Hartley

Donna Hartley has survived a Continental DC-10 plane crash, stage 3 Melanoma and open-heart surgery. She will motivate you and take you on a spiritual journey on how to survive challenges in life.

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